



KAWARTHA PINE RIDGE
ELEMENTARY ATHLETICS ASSOCIATION

Success Through Sport

2024 SEAA

Regional Track & Field Meet Athlete Information Package / Parent Letter

Congratulations! You have qualified for the SEAA South track and field meet .

May 30th, 2024 (rain date May 31st) @ CCI. in Cobourg

STUDENTS ARE NOT ALLOWED IN THE HIGH SCHOOL BUILDING!

- Students need to arrange their own transportation to and from CCI.
- Parents need to drop off/ pick up/ and park at Donegan Park on D'Arcy street and walk across the field to CCI
- School Tents will be set up at Donegan Park and students should check in at their school tent with their coach upon arrival
- If students are arriving just in time for their event. You need to be sure to arrive at least 30 minutes ahead of your event time as all times are approximate. Athletes will not be able to participate in their event if they miss the event.
- If there is a conflict with a track and field event at the same time. **Athletes MUST report to the track event first**, If possible send a friend to the field event to tell the teacher in charge you are running a track event. No athlete will be disqualified from a field event for being late from a track event, unless the event has been announced as closed.
- Only athletes participating in events are allowed in the infield (inside) the track. All parents and spectators **MUST** remain on the perimeter of the track area.
- **DO NOT APPROACH THE RESULTS TENT WITH QUESTIONS.** If you have a question, please find your coach or ask another coach at a school tent to assist you.
- Athletes are required to be identified with a school shirt/jersey
- **Students that are NOT participating in the event MAY NOT be dropped off at CCI to watch their friends. They are expected to be at their regular school day!** Permission forms are required for this event.
- ** This event is a qualifier for the KPREAA Track & Field Meet June 6th (10th) in Peterborough at Thomas A Stewart Secondary School 9:00am-3:30pm

Start times are approximate. Coaches and athletes are to be aware of the order of events and be ready to participate once the preceding event has finished!


****NOTE:** If track and field events overlap, the athlete must sign in at the field event first, then run the track event, and after, return to the field event.**

Schedule Of Field Events

Time	4 G	5G	6G	7G	8G	4B	5B	6B	7B	8B
8:30	RLJ					RLJ	SP		HJ	
9:15		RLJ					RLJ		HJ	SP
10:00			RLJ			SP		RLJ		HJ
10:45				RLJ				SP	RLJ	HJ
11:30				HJ	RLJ				SP	RLJ
12:15		SP	TJ	HJ				TJ		
1:00				TJ	SP				TJ	
1:45				SP	TJ					TJ
2:30	SP	TJ			HJ		TJ			
3:00	<i>TJ</i>		<i>SP</i>		<i>HJ</i>	<i>TJ</i>				

Time	event	time	event
8:30a	100 m heats (west side) Gr 4 & 5 girls	12:40pm	100 m heats (West Side) Gr 4 & 5 Boys
8:30am	100 m heats (east side) Gr 6,7,8 Girls	12:40pm	100 m Heats (East side) Gr 6,7 & 8 Boys
9:10am	800 m timed final Girls Gr 4,5,6,7,8	1:20pm	800 m Boys timed final Gr 4,5,6,7,8
9:50am	200 M Girls Gr 4,5,6,7,8 Final (timed heats)	2:00pm	200 M Boys Gr 4, 5, 6, 7, 8 Final (timed heats)
10:40am	400 m Girls Gr 4,5,6,7,8 Timed final, 2 heats	2:50pm	400 m Boys Gr 4, 5, 6, 7, 8 Tied final 2 heats
11:10am	1500 m waterfall start Gr 4,5,6,7,8 boys & girls	3:30pm	100 m Boys Final
12:20pm	100 m Girls final	3:40pm	4 x 100 relay Gr 4,5,6,7,8 girls & Boys

CODE OF CONDUCT

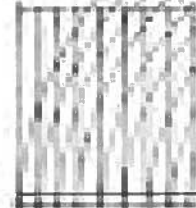
- These are kids**
 - This is elementary school athletics**
 - Coaches are volunteers**
 - Refs are human**
 - Allow kids to have fun**
 - It's their game!**
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School

Running/Triple
Jump

Ribbon/Scoring
Table

200m.
3000m start



100m Start
West
1500m
start

100m Start
East

Gate From
Donegan

Start for:
400m, 800m
Finish: 100m
West, 200m,
400m, 800m,
1500m, 3000m

100m
Finish East
& 1500 m
start

High Jump

Donegan Park is Tent Area

Shot Put will be in Donegan Park along the fence by the baseball diamond. If rained out it will be on the far side of the track opposite high jump.

Canteen will be available in Donegan.

Note: The only people in the middle of the track are those getting ready to compete. Those watching (parents, staff, students) should be on the outside of the track (This is including high jump as well). Please walk along the outside of the track to avoid disrupting races.